

# CARDIFF SERIES

CARDIFF R370

**BH**

R.R.P.

EAN: 8431284831653

Rowing machines




Enjoy a new experience in your training sessions with a rowing machine which easily adapts to any user. It is BH's first water rower with up to 6 resistance levels and adjustable footrests.

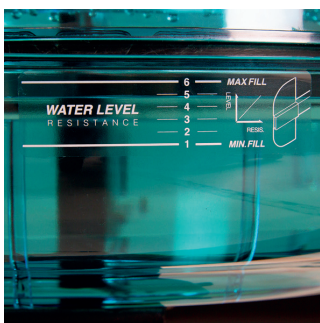


Monitor

### Measurements:

Time, Rows/minute, Total rows, Calories, Pulse, Distance

-  Max. user weight: 125kg
-  Weight: 38,5kg
-  Dimensions: 205cm x 56cm x 97cm



### 6 INTENSITY LEVELS

Fill the water tank between 1 and 6 levels to adjust the resistance level in your trainings.



### RACE MODE

Establish a distance-time goal and try to beat your own records.



### VERTICAL STORAGE

Thanks to its 3 upholding points, you will be able to store the rower vertically in a safe and stable way.



### ADJUSTABLE FOOTRESTS

Adjust the pedals according to your foot size for a comfortable and safe training.

Specs	Cardiff R370
Use frequency	Intensive
Maximum user weight	125kg
Flywheel weight	Up to 12,5kg
Length	205cm
Width	56cm
Height	97cm
Weight	38,5kg
Folded dimensions	97cm x 56cm x 205cm
Programs	6
Additional exercise	Yes
Screen	LCD screen

 Notes